

# Trainingszeiten

| Wochentag  | Zeit         | Gymnasium TH1                           | Gymnasium TH2       | Gymnasium TH3           | Jahnsporthalle |
|------------|--------------|---|---------------------|-------------------------|----------------|
|            |              | S=01.04 bis<br>31.10 /<br>W=01.11-31.03 |                     |                         |                |
| Montag     | 16:30-16:45  |   | U12/U13m<br>Torsten | He4/U16/U14<br>Rudi     |                |
|            | 16:45-17:30  |   | U12/U13m<br>Markus  | He4/U16/U14<br>Rudi     |                |
|            | 17:30-18:30  |   | U12/U13m            | He4/U16/U14<br>Rudi     |                |
|            | 18:30-19:00  |   |                     | Da 3 Kai                |                |
|            | 19:00-20:00  |   |                     | Da 3 Kai                | U16 w Richy    |
|            | 20:00-20:30  |   |                     |                         | U16 w Richy    |
|            | 20:30-21.15  |   |                     |                         | Herren1        |
|            | 21.15-22.00  |   |                     |                         | Herren1        |
| Dienstag   | 16:30 -16:45 | U13m<br>(01.04.-31.10.)                 |                     | U12/U13/U14m<br>Torsten |                |
|            | 16.45-17.30  | U13m<br>(01.04.-31.10.)                 | U13/14w Lilian      | U12/U13/U14m<br>Markus  |                |
|            | 17.30-18.15  | U13m<br>(01.04.-31.10.)                 | U13/14w Lilian      | U12/U13/U14m<br>Lukas   |                |
|            | 18.15-19.00  |   |                     | He3 Dorrer              |                |
|            | 19:00-20:00  |   |                     | He3 Zierhut             |                |
|            | 20:00-20:30  |   | Damen1              | Herren 2                |                |
|            | 20.30-21.15  |   | Damen 1             | Herren 2                |                |
|            | 21.15-22.00  |   | Damen 1             | Herren 2                |                |
| Mittwoch   | 16:00-16:45  |   |                     | U12m                    |                |
|            | 16:45-17:30  | He4/U16m Rudi                           |                     | U12m                    |                |
|            | 17:30-18:00  | He4/U16m Rudi                           |                     |                         |                |
|            | 18:00-18:30  | He4/U16m Rudi                           |                     |                         |                |
|            | 18:30-19:15  |   |                     |                         |                |
|            | 19:15-20:30  |   |                     |                         |                |
|            | 20.30-21.15  |   |                     |                         | Herren1        |
|            | 21.15-22.00  |   |                     |                         | Herren1        |
| Donnerstag | 16:30-16:45  | He4/U16m Rudi                           |                     | Herren3/U18<br>Chris    |                |
|            | 16.45-17.30  | He4/U16m Rudi                           | U12/13w Lilian      | Herren3/U18<br>Chris    |                |
|            | 17.30-18.15  | He4/U16m Rudi                           | U12/13w Lilian      | Herren3/U18<br>Chris    |                |
|            | 18:15-18:25  | He4/U16m Rudi                           |                     | Herren3/U18<br>Chris    |                |

|             |        |         |
|-------------|--------|---------|
| 18.25-19.15 |        | Herren2 |
| 19.15-20:00 |        | Herren2 |
| 20:00-20.15 |        | Herren1 |
| 20.15-21.15 | Damen1 | Herren1 |
| 21.15-22.00 | Damen1 | Herren1 |

Freitag

|             |             |             |
|-------------|-------------|-------------|
| 15:30-16.00 |             |             |
| 16.00-17:00 |             |             |
| 17:00-17:30 | Juniorinnen |             |
| 17.30-18.45 | Juniorinnen |             |
| 19.00-19.45 |             | Damen2      |
| 19.45-20.30 |             | Damen2      |
| 20.30-21.15 |             | Damen2/Asyl |
| 21.15-22.00 |             | Damen2/Asyl |